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| Unit Title: Support the spiritual wellbeing of individuals | | |
| URN: M/503/8133 |  |  |
| Credit Value: 3 |  |  |
| Level: 3 |  |  |

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|  | **Assessment Method** | **Evidence Ref.**  **Page number, Method** | **Assessor Decision**  **Sign and Date** |
| **You must be able to:** | | | |
| **1 Understand the importance of spirituality for individuals** | | | |
| 1.1 Outline different ways in which spirituality can be defined |  |  |  |
| 1.2 Define the difference between spirituality and religion |  |  |  |
| 1.3 Describe different aspects of spirituality |  |  |  |
| 1.4 Explain how spirituality is an individual experience |  |  |  |
| 1.5 Explain how spirituality defines an individual’s identity |  |  |  |
| 1.6 Outline the links between spirituality, faith and religion |  |  |  |
| 1.7 Explain how an individual’s current exploration of spirituality may be affected by their previous experience of spirituality, faith or religion |  |  |  |
| **2 Be able to assess the spiritual needs of an individual** | | | |
| 2.1 Support the **individual** to identify their spiritual needs and how and by whom these can be addressed |  |  |  |
| 2.2 Identify how an individual’s emphasis on spirituality may vary at different stages of their life experience |  |  |  |
| 2.3 Take action to ensure that the individual’s spiritual wellbeing is recognised appropriately in their care plan |  |  |  |
| **3 Understand the impact of values and beliefs on own and an individual's spiritual wellbeing** | | | |
| 3.1 Analyse how your own values and beliefs may impact on others when communicating about the individual’s spiritual wellbeing |  |  |  |
| 3.2 Identify how the values and beliefs of **others** may impact on the individual |  |  |  |
| 3.3 Identify the effects on own values and beliefs when meeting the spiritual needs of individuals and others |  |  |  |
| **4 Be able to support individuals' spiritual wellbeing** | | | |
| 4.1 Access resources and information to support the individual’s spiritual wellbeing |  |  |  |
| 4.2 Contribute to the creation of an environment that enables individuals to express aspects of their spiritual wellbeing |  |  |  |
| 4.3 Support the individual to take opportunities to explore and express themselves in ways that support their spiritual wellbeing |  |  |  |
| 4.4 Support the individual to participate in their chosen activities to support their spiritual wellbeing |  |  |  |
| 4.5 Access any additional expertise required to meet the individual’s spiritual needs |  |  |  |
| 4.6 Outline the benefits of working in partnership with faith and non-religious communities to support the spiritual needs and preferences of the individual |  |  |  |

**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature: Date:

**Assessor sign off of completed unit:**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature: Date: