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| Unit Title: Understand Parkinson’s for health and social care staff | | |
| URN: R/506/6054 |  |  |
| Credit Value: 2 |  |  |
| Level: 3 |  |  |

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|  | **Assessment Method** | **Evidence Ref.**  **Page number, Method** | **Assessor Decision**  **Sign and Date** |
| **You must be able to:** | | | |
| **1 Understand the signs, symptoms and progression of Parkinson’s** | | | |
| 1.1 Define Parkinson’s |  |  |  |
| 1.2 Explain what causes Parkinson’s to develop |  |  |  |
| 1.3 Describe key symptoms of Parkinson’s  •motor  •non-motor |  |  |  |
| 1.4 Identify the common age of onset of Parkinson’s |  |  |  |
| 1.5 Describe the typical phases and timeframe of the progression of Parkinson’s |  |  |  |
| 1.6 Identify conditions within Parkinsonism |  |  |  |
| **2 Understand the impacts of Parkinson’s on the individual and others** | | | |
| 2.1 Describe the impacts on quality of life of:  • motor symptoms  • non-motor symptoms |  |  |  |
| 2.2 Explain impacts of Parkinson’s on an individual’s relationships with others |  |  |  |
| 2.3 Explain impacts of fluctuations in Parkinson’s on an individual and others |  |  |  |
| **3 Understand the processes, procedures, methods, techniques and services used to manage Parkinson’s** | | | |
| 3.1 Describe the processes, procedures and services involved in diagnosis and referral |  |  |  |

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| 3.2 Describe how to access local, community and statutory agencies, support services and networks appropriate to the individual with Parkinson’s |  |  |  |
| 3.3 Describe methods, practices and possible interventions used to support individuals to manage their symptoms |  |  |  |
| 3.4 Explain how an individual’s preferences are taken into account when supporting them to manage their Parkinson’s |  |  |  |
| 3.5 Explain how challenges in the management of diet and fluids can be overcome |  |  |  |
| **4 Understand the issues associated with Parkinson’s medication** | | | |
| 4.1 Explain the consequences when medication is not taken or given on time |  |  |  |
| 4.2 Explain the consequences for the individual of common side-effects of Parkinson’s medication |  |  |  |
| 4.3 Describe how to alleviate the side effects of Parkinson’s medication |  |  |  |
| **5 Understand communication and cognitive challenges associated with Parkinson’s at different stages** | | | |
| 5.1 Describe the communication and cognitive challenges at different stages of Parkinson’s |  |  |  |
| 5.2 Describe the impact on the individual and others of  • Communication challenges  • Cognitive challenges |  |  |  |

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| 5.3 Explain how to implement techniques used to address  • Communication challenges  • Cognitive challenges |  |  |  |

**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature: Date:

**Assessor sign off of completed unit:**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature: Date: