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| Unit Title: Provide support to maintain and develop skills for everyday life | | |
| URN: L/601/8028 |  |  |
| Credit Value: 4 |  |  |
| Level: 3 |  |  |

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|  | **Assessment Method** | **Evidence Ref.**  **Page number, Method** | **Assessor Decision**  **Sign and Date** |
| **You must be able to:** | | | |
| **1 Understand the context of supporting skills for everyday life** | | | |
| 1.1 Compare methods for developing and maintaining skills for everyday life |  |  |  |
| 1.2 Analyse reasons why individuals may need support to maintain, regain or develop skills for everyday life |  |  |  |
| 1.3 Explain how maintaining, regaining or developing skills can benefit individuals |  |  |  |
| **2 Be able to support individuals to plan for maintaining and developing skills for everyday life** | | | |
| 2.1 Work with an individual and others to identify skills for everyday life that need to be supported |  |  |  |
| 2.2 Agree with the individual a plan for developing or maintaining the skills identified |  |  |  |
| 2.3 Analyse possible sources of conflict that may arise when planning and ways to resolve them |  |  |  |
| 2.4 Support the individual to understand the plan and any processes, procedures or equipment needed to implement or monitor it |  |  |  |
| **3 Be able to support individuals to retain, regain or develop skills for everyday life** | | | |
| 3.1 Provide agreed support to develop or maintain skills, in a way that promotes active participation |  |  |  |

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| 3.2 Give positive and constructive feedback to the individual during activities to develop or maintain their skills |  |  |  |
| 3.3 Describe actions to take if an individual becomes distressed or unable to continue |  |  |  |
| **4 Be able to evaluate support for developing or maintaining skills for everyday life** | | | |
| 4.1 Work with an individual and others to agree criteria and processes for evaluating support |  |  |  |
| 4.2 Carry out agreed role to evaluate progress towards goals and the effectiveness of methods used |  |  |  |
| 4.3 Agree revisions to the plan |  |  |  |
| 4.4 Record and report in line with agreed ways of working |  |  |  |

**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature: Date:

**Assessor sign off of completed unit:**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature: Date: