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| Unit Title: Principles of self-directed support | | |
| URN: M/601/7048 |  |  |
| Credit Value: 3 |  |  |
| Level: 3 |  |  |

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|  | **Assessment Method** | **Evidence Ref.**  **Page number, Method** | **Assessor Decision**  **Sign and Date** |
| **You must be able to:** | | | |
| **1 Understand self-directed support** | | | |
| 1.1 Explain the principles underpinning self-directed support and how this differs from traditional support |  |  |  |
| 1.2 Explain the benefits of an individual having self-directed support |  |  |  |
| 1.3 Explain how legislation, policy or guidance underpin self-directed support |  |  |  |
| 1.4 Explain what the following terms mean:   1. indicative allocation 2. supported self assessment 3. support plan 4. outcome focused review |  |  |  |
| 1.5 Outline the possible barriers to self-directed support |  |  |  |
| **2 Understand how to support an individual to direct their own support and develop their support plan** | | | |
| 2.1 Explain how to use person-centred thinking to enable individuals to think about what is important to them, and how they want to be supported |  |  |  |
| 2.2 Explain how individuals can direct their own support if they do not have a personal budget |  |  |  |
| 2.3 Explain how person-centred planning can be used to inform a support plan |  |  |  |

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| 2.4 Explain the roles of others who can assist individuals in developing their support plan |  |  |  |
| 2.5 Describe different ways that individuals can develop a support plan |  |  |  |
| 2.6 Describe a range of person-centred thinking tools that can be used to help individuals think about different ways they can spend their personal budget |  |  |  |
| 2.7 Describe what might be included in the costings for a support plan |  |  |  |
| **3 Understand the different ways that people can use their personal budget** | | | |
| 3.1 Explain the different ways that individuals can use their personal budget to buy support |  |  |  |
| 3.2 Research innovative ways that individuals can spend their personal budget other than buying social care services |  |  |  |
| 3.3 Explain what restrictions may be imposed on personal budgets |  |  |  |
| 3.4 Describe the criteria that are used to sign off a support plan |  |  |  |
| 3.5 Describe a person-centred approach to risk that ensures that individuals have what is important to them whilst staying healthy and safe |  |  |  |
| **4 Understand the outcome focused review process** | | | |
| 4.1 Explain the process of an outcome focused review |  |  |  |
| 4.2 Explain how to enable someone to prepare for their outcome focused review |  |  |  |

**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature: Date:

**Assessor sign off of completed unit:**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature: Date: