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| Unit Title: Understand Stroke Care Management | | |
| URN: J/503/7165 |  |  |
| Credit Value: 4 |  |  |
| Level: 3 |  |  |

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|  | **Assessment Method** | **Evidence Ref.**  **Page number, Method** | **Assessor Decision**  **Sign and Date** |
| **You must be able to:** | | | |
| **1 Understand how to support individuals to manage stroke according to legislation, policy and guidance** | | | |
| 1.1 Summarise current legislation, policy and guidance related to supporting individuals with stroke |  |  |  |
| 1.2 Explain what current best practice is in the initial stages of stroke care management |  |  |  |
| 1.3 Explain how an individual could be encouraged to review their lifestyle and promote their own health and well-being |  |  |  |
| 1.4 Describe the potential implications of mental capacity for an individual following a stroke |  |  |  |
| **2 Understand specific communication factors affecting individuals following a stroke** | | | |
| 2.1 Evaluate the effects of stroke on the brain in relation to the ability to communicate |  |  |  |
| 2.2 Describe a range of common communication methods and aid**s** to support individuals affected by a stroke |  |  |  |
| 2.3 Analyse methods of facilitating communication using supported conversation techniques |  |  |  |
| 2.4 Identify any pre-existing illnesses or disabilities that need to be taken into account when addressing communication |  |  |  |

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| 2.5 Describe the effects on the individual of experiencing communication difficulties |  |  |  |
| 2.6 Identify additional agencies and resources to support with communication needs |  |  |  |
| **3 Understand changing physical needs of individuals affected by stroke** | | | |
| 3.1 Describe the changes in the brain of an individual affected by a stroke |  |  |  |
| 3.2 Describe the physical effects of stroke on an individual |  |  |  |
| 3.3 Explain the impact a stroke may have on swallowing and nutrition |  |  |  |
| 3.4 Describe the possible effects of stroke on sensory ability |  |  |  |
| 3.5 Analyse the fluctuating nature of effects of stroke on an individual |  |  |  |
| **4 Understand the impact of the effects of stroke on daily living** | | | |
| 4.1 Explain the use of daily activities to promote recovery and independence |  |  |  |
| 4.2 Explain the importance of repetition to promote recovery |  |  |  |
| 4.3 Identify the effects of fatigue in stroke rehabilitation |  |  |  |
| 4.4 Describe the implication of stroke on lifestyle |  |  |  |
| **5 Understand the associated complications for an individual with stroke** | | | |
| 5.1 Explain the psychological and emotional effects on the individual with stroke |  |  |  |
| 5.2 Describe the cognitive needs of the individual with stroke |  |  |  |
| 5.3 Describe the health needs that may be associated with stroke |  |  |  |
| **6 Understand the importance of adopting a person centred approach in stroke care management** | | | |
| 6.1 Explain how person centred vales must influence all aspects of stroke care management |  |  |  |
| 6.2 Explain the importance of working in partnership with others to support care management |  |  |  |
| 6.3 Describe the importance of working in ways that promote active participation in stroke care management |  |  |  |

**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature: Date:

**Assessor sign off of completed unit:**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature: Date: